

附表2(a) 男子 身長・体重パーセンタイル 2000年

暦年齢 (歳・月)	身長								体重							
	3 <sup>rd</sup> -センチ	10 <sup>th</sup> -センチ	25 <sup>th</sup> -センチ	50 <sup>th</sup> -センチ	75 <sup>th</sup> -センチ	90 <sup>th</sup> -センチ	97 <sup>th</sup> -センチ	3 <sup>rd</sup> -センチ	10 <sup>th</sup> -センチ	25 <sup>th</sup> -センチ	50 <sup>th</sup> -センチ	75 <sup>th</sup> -センチ	90 <sup>th</sup> -センチ	97 <sup>th</sup> -センチ		
0-0	44.9	46.3	47.6	49.0	50.4	51.5	52.7	2.19	2.44	2.70	3.00	3.30	3.58	3.86		
0-1	49.9	51.3	52.7	54.2	55.7	56.9	58.1	3.26	3.60	3.96	4.37	4.80	5.19	5.59		
0-2	53.9	55.3	56.7	58.3	59.8	61.1	62.4	4.13	4.54	4.96	5.46	5.97	6.45	6.93		
0-3	56.9	58.4	59.9	61.5	63.0	64.3	65.6	4.85	5.29	5.76	6.31	6.88	7.42	7.97		
0-4	59.4	60.9	62.4	64.0	65.5	66.9	68.2	5.43	5.90	6.40	6.98	7.59	8.17	8.76		
0-5	61.4	62.9	64.4	66.0	67.6	69.0	70.3	5.91	6.39	6.91	7.51	8.15	8.75	9.38		
0-6	63.1	64.6	66.1	67.7	69.3	70.7	72.0	6.30	6.79	7.32	7.93	8.59	9.21	9.86		
0-7	64.5	66.0	67.5	69.1	70.7	72.1	73.5	6.63	7.12	7.65	8.28	8.94	9.58	10.24		
0-8	65.8	67.3	68.8	70.4	72.0	73.4	74.8	6.90	7.40	7.93	8.56	9.23	9.88	10.55		
0-9	66.9	68.4	69.9	71.6	73.2	74.6	75.9	7.14	7.63	8.17	8.80	9.48	10.13	10.81		
0-10	68.0	69.5	71.0	72.7	74.3	75.7	77.1	7.35	7.84	8.38	9.01	9.70	10.35	11.04		
0-11	69.0	70.5	72.1	73.7	75.3	76.8	78.2	7.54	8.03	8.57	9.21	9.89	10.56	11.26		
1-0	70.0	71.5	73.1	74.8	76.4	77.8	79.2	7.71	8.21	8.75	9.39	10.08	10.75	11.46		
1-1	71.0	72.5	74.1	75.8	77.4	78.9	80.3	7.88	8.38	8.92	9.56	10.26	10.94	11.65		
1-2	71.9	73.5	75.1	76.8	78.5	79.9	81.4	8.04	8.54	9.09	9.74	10.44	11.13	11.85		
1-3	72.8	74.4	76.0	77.8	79.5	81.0	82.5	8.20	8.70	9.25	9.91	10.62	11.32	12.05		
1-4	73.8	75.4	77.0	78.8	80.5	82.0	83.5	8.36	8.86	9.42	10.08	10.80	11.51	12.26		
1-5	74.6	76.3	77.9	79.7	81.5	83.1	84.6	8.51	9.02	9.58	10.26	10.99	11.71	12.47		
1-6	75.5	77.2	78.9	80.7	82.5	84.1	85.6	8.66	9.18	9.75	10.43	11.18	11.91	12.69		
1-7	76.4	78.1	79.8	81.6	83.4	85.1	86.6	8.81	9.34	9.92	10.61	11.37	12.12	12.91		
1-8	77.2	78.9	80.6	82.5	84.4	86.0	87.6	8.96	9.50	10.08	10.79	11.56	12.33	13.14		
1-9	77.9	79.7	81.5	83.4	85.3	87.0	88.6	9.11	9.65	10.25	10.97	11.76	12.54	13.37		
1-10	78.7	80.5	82.2	84.2	86.1	87.9	89.5	9.26	9.81	10.41	11.15	11.95	12.75	13.61		
1-11	79.4	81.2	83.0	85.0	87.0	88.7	90.4	9.40	9.96	10.58	11.33	12.15	12.97	13.85		
2-0	80.0	81.9	83.7	85.8	87.8	89.5	91.3	9.54	10.11	10.74	11.50	12.35	13.18	14.08		
2-1	80.7	82.5	84.4	86.5	88.5	90.3	92.1	9.68	10.26	10.90	11.68	12.54	13.40	14.32		
2-2	81.3	83.2	85.1	87.2	89.2	91.1	92.9	9.81	10.40	11.06	11.85	12.73	13.61	14.56		
2-3	81.8	83.8	85.7	87.8	89.9	91.8	93.6	9.95	10.55	11.21	12.02	12.92	13.82	14.80		
2-4	82.4	84.4	86.3	88.5	90.6	92.5	94.4	10.07	10.69	11.36	12.19	13.11	14.04	15.04		
2-5	82.9	84.9	86.9	89.1	91.3	93.2	95.1	10.20	10.82	11.51	12.36	13.30	14.25	15.28		
2-6	83.5	85.5	87.5	89.7	91.9	93.9	95.8	10.32	10.96	11.66	12.52	13.49	14.46	15.52		
2-7	84.0	86.0	88.0	90.3	92.5	94.5	96.4	10.45	11.09	11.81	12.69	13.67	14.67	15.76		
2-8	84.5	86.5	88.6	90.9	93.1	95.1	97.1	10.57	11.22	11.95	12.85	13.86	14.87	15.99		
2-9	85.0	87.1	89.1	91.4	93.7	95.8	97.8	10.69	11.35	12.09	13.01	14.04	15.08	16.23		
2-10	85.6	87.7	89.8	92.2	94.5	96.6	98.6	10.80	11.48	12.24	13.17	14.22	15.29	16.47		
2-11	86.2	88.3	90.5	92.9	95.2	97.3	99.4	10.92	11.61	12.38	13.33	14.41	15.50	16.71		
3-0	86.8	89.0	91.1	93.5	95.9	98.0	100.1	11.04	11.74	12.52	13.49	14.59	15.71	16.96		
3-1	87.4	89.5	91.7	94.2	96.5	98.7	100.8	11.16	11.87	12.66	13.65	14.78	15.92	17.20		
3-2	87.9	90.1	92.3	94.8	97.2	99.4	101.5	11.28	12.00	12.81	13.82	14.96	16.14	17.45		
3-3	88.5	90.7	92.9	95.4	97.8	100.0	102.2	11.40	12.13	12.95	13.98	15.15	16.35	17.70		
3-4	89.0	91.2	93.5	96.0	98.4	100.7	102.9	11.52	12.26	13.10	14.15	15.34	16.57	17.95		
3-5	89.5	91.8	94.0	96.5	99.0	101.3	103.5	11.64	12.40	13.25	14.31	15.53	16.79	18.20		
3-6	90.0	92.3	94.6	97.1	99.6	101.9	104.1	11.77	12.53	13.40	14.48	15.72	17.01	18.46		
3-7	90.6	92.8	95.1	97.7	100.2	102.5	104.8	11.89	12.67	13.55	14.65	15.92	17.23	18.72		
3-8	91.1	93.3	95.7	98.2	100.8	103.1	105.4	12.02	12.81	13.70	14.82	16.11	17.46	18.98		
3-9	91.6	93.9	96.2	98.8	101.4	103.7	106.0	12.15	12.95	13.85	14.99	16.31	17.69	19.25		
3-10	92.0	94.4	96.7	99.3	101.9	104.3	106.6	12.28	13.09	14.01	15.17	16.51	17.92	19.52		
3-11	92.5	94.9	97.2	99.9	102.5	104.9	107.2	12.40	13.22	14.15	15.33	16.70	18.13	19.78		
4-0	93.0	95.4	97.8	100.4	103.1	105.5	107.8	12.53	13.35	14.30	15.50	16.89	18.35	20.04		
4-1	93.5	95.9	98.3	100.9	103.6	106.0	108.4	12.65	13.49	14.44	15.66	17.08	18.57	20.29		
4-2	94.0	96.4	98.8	101.5	104.2	106.6	109.0	12.77	13.62	14.59	15.82	17.27	18.79	20.55		
4-3	94.5	96.9	99.3	102.0	104.7	107.2	109.6	12.90	13.75	14.74	15.99	17.45	19.01	20.81		
4-4	95.0	97.4	99.8	102.5	105.3	107.8	110.2	13.02	13.89	14.88	16.15	17.64	19.23	21.07		
4-5	95.5	97.9	100.3	103.1	105.8	108.3	110.8	13.15	14.02	15.03	16.31	17.83	19.44	21.33		
4-6	96.0	98.4	100.8	103.6	106.4	108.9	111.4	13.27	14.15	15.17	16.48	18.02	19.66	21.59		
4-7	96.4	98.9	101.4	104.1	106.9	109.5	112.0	13.39	14.29	15.32	16.64	18.21	19.88	21.85		
4-8	96.9	99.4	101.9	104.7	107.5	110.1	112.6	13.52	14.42	15.46	16.80	18.39	20.10	22.12		
4-9	97.4	99.9	102.4	105.2	108.1	110.7	113.2	13.65	14.56	15.61	16.97	18.58	20.32	22.38		
4-10	97.9	100.4	102.9	105.8	108.6	111.2	113.8	13.77	14.69	15.76	17.14	18.78	20.55	22.65		
4-11	98.4	100.9	103.4	106.3	109.2	111.8	114.5	13.90	14.83	15.91	17.30	18.97	20.77	22.92		
5-0	98.9	101.4	103.9	106.8	109.8	112.4	115.1	14.03	14.97	16.06	17.47	19.16	21.00	23.20		
5-1	99.4	101.9	104.5	107.4	110.3	113.0	115.7	14.16	15.11	16.21	17.64	19.36	21.23	23.47		
5-2	99.8	102.4	105.0	107.9	110.9	113.6	116.3	14.29	15.25	16.36	17.81	19.55	21.46	23.75		
5-3	100.3	102.9	105.5	108.5	111.4	114.2	116.9	14.43	15.39	16.52	17.99	19.75	21.69	24.04		
5-4	100.8	103.4	106.0	109.0	112.0	114.8	117.5	14.56	15.53	16.67	18.16	19.96	21.93	24.33		
5-5	101.3	103.9	106.5	109.5	112.6	115.4	118.2	14.70	15.68	16.83	18.34	20.16	22.17	24.62		
5-6	101.8	104.4	107.1	110.1	113.1	116.0	118.8	14.84	15.83	16.99	18.52	20.37	22.42	24.92		
5-7	102.3	104.9	107.6	110.6	113.7	116.6	119.4	14.98	15.98	17.15	18.70	20.58	22.67	25.23		
5-8	102.8	105.4	108.1	111.2	114.3	117.1	120.0	15.12	16.13	17.32	18.89	20.79	22.92	25.54		
5-9	103.2	105.9	108.6	111.7	114.8	117.7	120.6	15.26	16.28	17.49	19.07	21.01	23.15	25.85		
5-10	103.7	106.4	109.1	112.2	115.4	118.3	121.3	15.40	16.44	17.65	19.26	21.23	23.44	26.17		
5-11	104.2	106.9	109.6	112.8	116.0	118.9	121.9	15.55	16.59	17.83	19.45	21.46	23.70	26.50		
6-0	104.7	107.4	110.1	113.3	116.5	119.5	122.5	15.70	16.75	18.00	19.65	21.68	23.97	26.84		
6-1	105.2	107.9	110.7	113.8	117.1	120.1	123.1	15.85	16.91	18.17	19.85	21.91	24.25	27.18		
6-2	105.6	108.4	111.2	114.4	117.6	120.7	123.7	16.00	17.07	18.35	20.05	22.14	24.52	27.52		
6-3	106.1	108.8	111.7	114.9	118.2	121.2	124.3	16.15	17.24	18.53	20.25	22.38	24.81	27.88		
6-4	106.6	109.3	112.2	115.4	118.7	121.8	124.9	16.30	17.40	18.71	20.45	22.62	25.09	28.24		
6-5	107.1	109.8	112.7	115.9	119.3	122.4	125.5	16.46	17.57	18.89	20.66	22.86	25.39	28.60		
6-6	107.5	110.3	113.2	116.4	119.8	122.9	126.1	16.61	17.74	19.08	20.87	23.11	25.68	28.98		
6-7	108.0	110.8	113.7	117.0	120.4	123.5	126.7	16.77	17.90	19.26	21.08	23.36	25.98	29.36		
6-8	108.5	111.3	114.2	117.5	120.9	124.1	127.3	16.92	18.07	19.45	21.30	23.61	26.29	29.74		
6-9	108.9	111.7	114.7	118.0	121.4	1										

学年 (歳・月)	身長								体重							
	3n-センチ	10n-センチ	25n-センチ	50n-センチ	75n-センチ	90n-センチ	97n-センチ	3n-センチ	10n-センチ	25n-センチ	50n-センチ	75n-センチ	90n-センチ	97n-センチ		
9-0	120.8	123.7	126.8	130.4	134.2	137.8	141.5	21.34	23.02	25.08	27.96	31.77	36.46	43.07		
9-1	121.2	124.2	127.3	130.9	134.7	138.3	142.0	21.49	23.20	25.30	28.23	32.10	36.87	43.62		
9-2	121.7	124.6	127.7	131.3	135.1	138.8	142.5	21.65	23.39	25.52	28.50	32.43	37.30	44.17		
9-3	122.1	125.0	128.1	131.7	135.6	139.2	143.0	21.81	23.57	25.74	28.77	32.77	37.72	44.72		
9-4	122.5	125.4	128.5	132.2	136.1	139.7	143.6	21.98	23.76	25.97	29.04	33.12	38.15	45.28		
9-5	122.9	125.8	129.0	132.6	136.5	140.2	144.1	22.14	23.96	26.19	29.32	33.46	38.59	45.84		
9-6	123.3	126.2	129.4	133.1	137.0	140.7	144.6	22.30	24.15	26.42	29.60	33.82	39.03	46.40		
9-7	123.7	126.6	129.8	133.5	137.5	141.3	145.2	22.47	24.35	26.66	29.89	34.17	39.47	46.96		
9-8	124.1	127.1	130.3	134.0	138.0	141.8	145.7	22.64	24.54	26.89	30.18	34.54	39.92	47.53		
9-9	124.5	127.5	130.7	134.5	138.5	142.3	146.3	22.81	24.75	27.13	30.48	34.90	40.38	48.10		
9-10	124.9	127.9	131.1	134.9	139.0	142.8	146.9	22.98	24.95	27.38	30.78	35.28	40.84	48.67		
9-11	125.3	128.3	131.6	135.4	139.5	143.4	147.5	23.16	25.16	27.63	31.08	35.66	41.30	49.25		
10-0	125.7	128.7	132.0	135.9	140.0	143.9	148.1	23.34	25.37	27.88	31.39	36.04	41.77	49.83		
10-1	126.1	129.2	132.5	136.3	140.5	144.5	148.7	23.52	25.59	28.14	31.71	36.43	42.25	50.41		
10-2	126.5	129.6	132.9	136.8	141.0	145.1	149.3	23.71	25.81	28.40	32.03	36.82	42.73	50.99		
10-3	126.9	130.0	133.4	137.3	141.6	145.7	150.0	23.90	26.04	28.67	32.36	37.23	43.21	51.57		
10-4	127.3	130.4	133.8	137.8	142.1	146.3	150.6	24.09	26.26	28.94	32.69	37.64	43.71	52.16		
10-5	127.7	130.9	134.3	138.3	142.7	146.9	151.3	24.29	26.50	29.22	33.03	38.05	44.20	52.75		
10-6	128.1	131.3	134.7	138.8	143.2	147.5	152.0	24.49	26.74	29.51	33.37	38.47	44.71	53.34		
10-7	128.5	131.7	135.2	139.3	143.8	148.1	152.7	24.70	26.98	29.80	33.73	38.90	45.22	53.94		
10-8	128.9	132.2	135.7	139.9	144.4	148.7	153.4	24.91	27.23	30.09	34.09	39.33	45.73	54.53		
10-9	129.3	132.6	136.2	140.4	144.9	149.4	154.1	25.12	27.49	30.40	34.46	39.78	46.25	55.14		
10-10	129.7	133.0	136.6	140.9	145.5	150.0	154.8	25.35	27.75	30.71	34.82	40.22	46.78	55.74		
10-11	130.1	133.5	137.1	141.5	146.1	150.7	155.5	25.57	28.01	31.02	35.20	40.68	47.31	56.34		
11-0	130.5	133.9	137.6	142.0	146.7	151.4	156.3	25.80	28.29	31.34	35.59	41.14	47.85	56.95		
11-1	130.9	134.4	138.1	142.5	147.3	152.0	157.0	26.04	28.57	31.67	35.98	41.61	48.39	57.56		
11-2	131.3	134.8	138.6	143.1	148.0	152.7	157.7	26.28	28.85	32.01	36.38	42.09	48.94	58.18		
11-3	131.7	135.3	139.1	143.7	148.6	153.3	158.4	26.53	29.14	32.35	36.79	42.57	49.49	58.79		
11-4	132.1	135.7	139.6	144.2	149.2	154.0	159.1	26.78	29.44	32.69	37.20	43.06	50.05	59.41		
11-5	132.5	136.2	140.1	144.8	149.8	154.7	159.8	27.04	29.74	33.05	37.62	43.55	50.62	60.03		
11-6	132.9	136.6	140.7	145.4	150.5	155.4	160.5	27.31	30.05	33.41	38.05	44.05	51.19	60.66		
11-7	133.3	137.1	141.2	146.0	151.1	156.0	161.2	27.58	30.37	33.78	38.48	44.56	51.76	61.28		
11-8	133.7	137.6	141.7	146.6	151.8	156.7	161.9	27.86	30.69	34.15	38.92	45.07	52.34	61.91		
11-9	134.1	138.0	142.3	147.2	152.4	157.4	162.5	28.14	31.02	34.53	39.37	45.59	52.92	62.54		
11-10	134.5	138.5	142.8	147.8	153.0	158.0	163.2	28.43	31.36	34.92	39.82	46.11	53.50	63.17		
11-11	134.9	139.0	143.4	148.4	153.7	158.7	163.9	28.73	31.70	35.31	40.28	46.64	54.09	63.80		
12-0	135.3	139.5	143.9	149.0	154.3	159.4	164.5	29.03	32.04	35.71	40.74	47.17	54.68	64.43		
12-1	135.8	140.0	144.5	149.6	155.0	160.0	165.2	29.34	32.40	36.12	41.21	47.70	55.27	65.06		
12-2	136.3	140.6	145.1	150.3	155.7	160.8	165.9	29.66	32.76	36.53	41.68	48.24	55.87	65.69		
12-3	136.8	141.2	145.8	151.0	156.4	161.5	166.6	29.98	33.12	36.94	42.16	48.78	56.46	66.32		
12-4	137.3	141.7	146.4	151.7	157.2	162.2	167.3	30.31	33.50	37.36	42.64	49.32	57.06	66.95		
12-5	137.8	142.3	147.0	152.4	157.9	162.9	168.0	30.64	33.87	37.79	43.12	49.86	57.65	67.58		
12-6	138.3	142.9	147.7	153.1	158.6	163.6	168.7	30.98	34.26	38.22	43.61	50.41	58.24	68.20		
12-7	138.9	143.5	148.3	153.7	159.2	164.3	169.3	31.33	34.64	38.65	44.09	50.96	58.83	68.82		
12-8	139.4	144.1	149.0	154.4	159.9	164.9	169.9	31.68	35.03	39.09	44.59	51.50	59.42	69.44		
12-9	140.0	144.8	149.6	155.1	160.6	165.6	170.6	32.04	35.43	39.53	45.08	52.04	60.01	70.05		
12-10	140.6	145.4	150.3	155.7	161.2	166.2	171.2	32.32	35.74	39.87	45.45	52.45	60.44	70.48		
12-11	141.2	146.0	150.9	156.4	161.9	166.8	171.8	32.65	36.11	40.27	45.90	52.94	60.95	71.01		
13-0	141.8	146.6	151.5	157.0	162.5	167.4	172.3	32.99	36.48	40.68	46.34	53.42	61.47	71.53		
13-1	142.4	147.2	152.1	157.6	163.1	168.0	172.9	33.34	36.86	41.09	46.79	53.91	61.98	72.06		
13-2	143.0	147.8	152.8	158.2	163.6	168.6	173.4	33.69	37.24	41.51	47.24	54.39	62.49	72.58		
13-3	143.6	148.5	153.4	158.8	164.2	169.1	173.9	34.05	37.63	41.92	47.70	54.88	63.00	73.10		
13-4	144.3	149.1	154.0	159.4	164.8	169.6	174.4	34.42	38.02	42.34	48.15	55.36	63.50	73.61		
13-5	144.9	149.7	154.6	159.9	165.3	170.1	174.8	34.79	38.41	42.76	48.59	55.84	64.00	74.11		
13-6	145.6	150.3	155.2	160.5	165.8	170.5	175.2	35.16	38.81	43.18	49.04	56.31	64.49	74.61		
13-7	146.2	151.0	155.7	161.0	166.3	171.0	175.6	35.60	39.26	43.63	49.49	56.72	64.96	74.89		
13-8	146.9	151.6	156.3	161.5	166.7	171.4	176.0	36.00	39.67	44.06	49.92	57.17	65.29	75.30		
13-9	147.6	152.2	156.8	162.0	167.2	171.8	176.4	36.40	40.08	44.49	50.36	57.61	65.73	75.71		
13-10	148.2	152.8	157.4	162.5	167.6	172.2	176.7	36.80	40.50	44.91	50.79	58.04	66.15	76.11		
13-11	148.9	153.3	157.9	162.9	168.0	172.5	177.1	37.21	40.91	45.33	51.21	58.46	66.56	76.50		
14-0	149.5	153.9	158.4	163.4	168.4	172.9	177.4	37.61	41.32	45.74	51.63	58.87	66.96	76.89		
14-1	150.2	154.5	158.9	163.8	168.7	173.2	177.6	38.01	41.72	46.15	52.04	59.28	67.36	77.26		
14-2	150.8	155.0	159.3	164.2	169.1	173.5	177.9	38.41	42.13	46.55	52.44	59.67	67.74	77.62		
14-3	151.4	155.5	159.8	164.6	169.4	173.8	178.2	38.80	42.52	46.95	52.83	60.06	68.11	77.98		
14-4	152.0	156.1	160.2	164.9	169.7	174.1	178.4	39.20	42.92	47.34	53.22	60.43	68.47	78.32		
14-5	152.5	156.5	160.7	165.3	170.0	174.3	178.6	39.59	43.31	47.73	53.59	60.80	68.82	78.66		
14-6	153.1	157.0	161.1	165.6	170.3	174.6	178.9	39.97	43.69	48.10	53.96	61.15	69.16	78.98		
14-7	153.6	157.4	161.4	166.0	170.6	174.8	179.1	40.35	44.06	48.47	54.32	61.49	69.49	79.30		
14-8	154.1	157.9	161.8	166.3	170.8	175.0	179.3	40.73	44.43	48.83	54.66	61.82	69.81	79.61		
14-9	154.6	158.3	162.2	166.6	171.1	175.3	179.5	41.10	44.79	49.18	55.00	62.14	70.12	79.91		
14-10	155.0	158.7	162.5	166.8	171.3	175.5	179.7	41.46	45.14	49.52	55.32	62.45	70.41	80.20		
14-11	155.5	159.1	162.9	167.1	171.5	175.6	179.8	41.81	45.49	49.85	55.64	62.75	70.70	80.49		
15-0	155.9	159.4	163.1	167.3	171.7	175.8	180.0	42.16	45.82	50.17	55.94	63.04	70.98	80.77		
15-1	156.3	159.8	163.4	167.6	171.9	176.0	180.1	42.50	46.15	50.48	56.23	63.31	71.24	81.04		
15-2	156.7	160.1	163.7	167.8	172.1	176.1	180.3	42.83	46.46	50.78	56.52	63.58	71.50	81.31		
15-3	157.0	160.4	163.9	168.0	172.3	176.3	180.4	43.16	46.77	51.07	56.79	63.84	71.75	81.57		
15-4	157.3	160.7	164.2	168.2	172.5	176.4	180.5	43.47	47.07	51.35	57.05	64.08	71.99	81.83		
15-5	157.7	160.9	164.4	168.4	172.6	176.6	180.7	43.78	47.36	51.62	57.30	64.32	72.23	82.08		
15-6	157.9	161.2	164.6	168.6	172.8	176.7	180.8	44.07	47.64	51.88	57.54	64				



附表2(b) 女子 身長・体重パーセンタイル 2000年

暦年齢 (歳・月)	身長									体重								
	3 <sup>rd</sup> -センタイル	10 <sup>th</sup> -センタイル	25 <sup>th</sup> -センタイル	50 <sup>th</sup> -センタイル	75 <sup>th</sup> -センタイル	90 <sup>th</sup> -センタイル	97 <sup>th</sup> -センタイル	3 <sup>rd</sup> -センタイル	10 <sup>th</sup> -センタイル	25 <sup>th</sup> -センタイル	50 <sup>th</sup> -センタイル	75 <sup>th</sup> -センタイル	90 <sup>th</sup> -センタイル	97 <sup>th</sup> -センタイル				
0-0	44.9	46.1	47.2	48.5	49.8	50.9	52.0	2.17	2.41	2.66	2.95	3.24	3.51	3.79				
0-1	49.5	50.7	51.9	53.3	54.6	55.9	57.1	3.13	3.44	3.77	4.15	4.55	4.91	5.28				
0-2	53.1	54.3	55.6	57.1	58.5	59.8	61.0	3.92	4.28	4.66	5.10	5.57	6.00	6.45				
0-3	56.0	57.3	58.6	60.1	61.5	62.8	64.1	4.57	4.96	5.38	5.86	6.37	6.85	7.35				
0-4	58.3	59.6	61.0	62.5	64.0	65.3	66.6	5.11	5.51	5.95	6.46	7.00	7.52	8.06				
0-5	60.3	61.6	63.0	64.5	66.0	67.4	68.7	5.54	5.96	6.41	6.94	7.50	8.04	8.61				
0-6	61.9	63.3	64.7	66.2	67.7	69.1	70.4	5.91	6.33	6.78	7.32	7.90	8.46	9.05				
0-7	63.4	64.7	66.1	67.6	69.2	70.5	71.9	6.21	6.63	7.09	7.64	8.23	8.80	9.40				
0-8	64.7	66.0	67.4	69.0	70.5	71.9	73.2	6.46	6.89	7.35	7.91	8.51	9.09	9.70				
0-9	65.8	67.2	68.6	70.2	71.7	73.1	74.5	6.68	7.11	7.58	8.14	8.74	9.33	9.96				
0-10	67.0	68.3	69.8	71.3	72.9	74.3	75.6	6.88	7.31	7.78	8.34	8.96	9.56	10.20				
0-11	68.0	69.4	70.8	72.4	74.0	75.4	76.8	7.06	7.49	7.97	8.54	9.16	9.77	10.42				
1-0	69.1	70.5	71.9	73.5	75.1	76.5	77.9	7.23	7.66	8.14	8.72	9.35	9.97	10.64				
1-1	70.1	71.5	72.9	74.5	76.1	77.6	79.0	7.39	7.83	8.32	8.90	9.54	10.17	10.85				
1-2	71.1	72.5	74.0	75.6	77.2	78.6	80.1	7.55	8.00	8.49	9.08	9.73	10.38	11.07				
1-3	72.1	73.5	75.0	76.6	78.2	79.7	81.2	7.71	8.16	8.66	9.26	9.93	10.59	11.30				
1-4	73.0	74.5	76.0	77.6	79.3	80.7	82.2	7.86	8.32	8.83	9.45	10.13	10.80	11.53				
1-5	73.9	75.4	76.9	78.6	80.3	81.8	83.3	8.02	8.49	9.01	9.63	10.33	11.02	11.78				
1-6	74.8	76.3	77.8	79.5	81.2	82.8	84.3	8.18	8.66	9.18	9.82	10.54	11.25	12.02				
1-7	75.7	77.2	78.7	80.5	82.2	83.8	85.3	8.34	8.82	9.36	10.02	10.75	11.48	12.28				
1-8	76.5	78.0	79.6	81.4	83.1	84.7	86.3	8.50	8.99	9.54	10.21	10.96	11.71	12.53				
1-9	77.3	78.8	80.4	82.2	84.0	85.6	87.2	8.65	9.16	9.72	10.41	11.18	11.95	12.79				
1-10	78.0	79.6	81.2	83.0	84.9	86.5	88.1	8.81	9.33	9.90	10.61	11.39	12.19	13.06				
1-11	78.7	80.3	82.0	83.8	85.7	87.3	89.0	8.97	9.49	10.08	10.80	11.61	12.43	13.32				
2-0	79.4	81.0	82.7	84.6	86.5	88.1	89.8	9.12	9.66	10.26	11.00	11.83	12.66	13.58				
2-1	80.0	81.7	83.4	85.3	87.2	88.9	90.6	9.27	9.82	10.43	11.19	12.04	12.90	13.85				
2-2	80.6	82.3	84.0	86.0	87.9	89.7	91.4	9.41	9.97	10.60	11.38	12.25	13.13	14.10				
2-3	81.2	82.9	84.7	86.6	88.6	90.4	92.1	9.56	10.13	10.77	11.56	12.45	13.36	14.36				
2-4	81.7	83.5	85.3	87.3	89.2	91.1	92.8	9.70	10.28	10.94	11.74	12.66	13.58	14.61				
2-5	82.3	84.0	85.8	87.9	89.9	91.7	93.5	9.83	10.43	11.10	11.92	12.86	13.81	14.88				
2-6	82.8	84.6	86.4	88.4	90.5	92.4	94.2	9.96	10.57	11.25	12.10	13.05	14.02	15.10				
2-7	83.2	85.1	86.9	89.0	91.1	93.0	94.9	10.09	10.71	11.41	12.27	13.24	14.24	15.34				
2-8	83.7	85.6	87.5	89.6	91.7	93.6	95.5	10.22	10.85	11.56	12.43	13.43	14.44	15.58				
2-9	84.2	86.1	88.0	90.1	92.3	94.2	96.2	10.34	10.98	11.70	12.60	13.61	14.65	15.81				
2-10	84.7	86.6	88.5	90.7	92.9	94.9	96.8	10.46	11.11	11.85	12.76	13.79	14.85	16.04				
2-11	85.2	87.1	89.1	91.3	93.5	95.5	97.5	10.58	11.24	11.99	12.92	13.97	15.05	16.26				
3-0	85.7	87.6	89.6	91.8	94.1	96.1	98.1	10.70	11.37	12.13	13.07	14.15	15.25	16.49				
3-1	86.1	88.1	90.1	92.4	94.7	96.7	98.8	10.82	11.50	12.27	13.23	14.33	15.45	16.71				
3-2	86.6	88.7	90.7	93.0	95.3	97.4	99.5	10.93	11.63	12.41	13.39	14.50	15.65	16.94				
3-3	87.2	89.2	91.3	93.6	95.9	98.0	100.2	11.05	11.75	12.55	13.54	14.68	15.85	17.16				
3-4	87.7	89.7	91.8	94.2	96.6	98.7	100.9	11.17	11.88	12.69	13.70	14.85	16.04	17.39				
3-5	88.2	90.3	92.4	94.8	97.2	99.4	101.6	11.28	12.01	12.83	13.85	15.03	16.24	17.62				
3-6	88.8	90.9	93.0	95.4	97.9	100.1	102.3	11.40	12.13	12.97	14.01	15.21	16.45	17.85				
3-7	89.3	91.5	93.6	96.1	98.6	100.8	103.0	11.52	12.26	13.11	14.17	15.39	16.65	18.08				
3-8	89.9	92.1	94.3	96.7	99.2	101.5	103.8	11.66	12.42	13.27	14.35	15.60	16.89	18.35				
3-9	90.5	92.7	94.9	97.4	99.9	102.2	104.5	11.80	12.56	13.44	14.54	15.80	17.12	18.62				
3-10	91.1	93.3	95.5	98.1	100.6	103.0	105.3	11.93	12.71	13.60	14.71	16.00	17.35	18.88				
3-11	91.7	93.9	96.2	98.7	101.3	103.7	106.0	12.07	12.86	13.76	14.89	16.21	17.58	19.15				
4-0	92.2	94.5	96.8	99.4	102.0	104.4	106.8	12.20	13.00	13.91	15.07	16.41	17.81	19.41				
4-1	92.8	95.1	97.4	100.1	102.7	105.1	107.5	12.33	13.14	14.07	15.24	16.61	18.04	19.67				
4-2	93.4	95.7	98.1	100.7	103.4	105.8	108.3	12.46	13.28	14.22	15.42	16.80	18.26	19.94				
4-3	94.0	96.3	98.7	101.4	104.1	106.5	109.0	12.59	13.42	14.38	15.59	17.00	18.49	20.20				
4-4	94.5	96.9	99.3	102.0	104.7	107.2	109.7	12.71	13.56	14.53	15.76	17.20	18.72	20.47				
4-5	95.1	97.5	99.9	102.6	105.4	107.9	110.5	12.84	13.70	14.68	15.93	17.39	18.94	20.74				
4-6	95.7	98.0	100.5	103.2	106.0	108.6	111.2	12.97	13.83	14.83	16.10	17.59	19.17	21.01				
4-7	96.2	98.6	101.1	103.9	106.7	109.3	111.9	13.09	13.97	14.98	16.27	17.79	19.40	21.29				
4-8	96.7	99.1	101.6	104.4	107.3	109.9	112.5	13.22	14.11	15.13	16.44	17.99	19.64	21.57				
4-9	97.2	99.7	102.2	105.0	107.9	110.5	113.2	13.35	14.25	15.28	16.62	18.19	19.87	21.85				
4-10	97.7	100.2	102.7	105.6	108.5	111.1	113.8	13.47	14.38	15.44	16.79	18.39	20.11	22.14				
4-11	98.2	100.7	103.2	106.1	109.0	111.7	114.4	13.60	14.52	15.59	16.96	18.60	20.35	22.43				
5-0	98.7	101.2	103.8	106.7	112.3	115.0	117.3	13.73	14.66	15.74	17.14	18.80	20.60	22.72				
5-1	99.2	101.7	104.3	107.2	110.1	112.9	115.6	13.86	14.81	15.90	17.32	19.01	20.84	23.03				
5-2	99.6	102.1	104.7	107.7	110.7	113.4	116.2	13.99	14.95	16.06	17.50	19.22	21.10	23.34				
5-3	100.1	102.6	105.2	108.2	111.2	114.0	116.7	14.13	15.09	16.22	17.68	19.44	21.35	23.65				
5-4	100.5	103.1	105.7	108.7	111.7	114.5	117.3	14.26	15.24	16.38	17.88	19.65	21.61	23.97				
5-5	101.0	103.6	106.2	109.2	112.3	115.1	117.9	14.40	15.39	16.54	18.05	19.87	21.88	24.30				
5-6	101.5	104.0	106.7	109.7	112.8	115.6	118.4	14.53	15.53	16.71	18.24	20.10	22.14	24.63				
5-7	101.9	104.5	107.2	110.2	113.3	116.2	119.0	14.67	15.68	16.87	18.43	20.32	22.42	24.97				
5-8	102.4	105.0	107.7	110.7	113.8	116.7	119.6	14.81	15.84	17.04	18.62	20.55	22.69	25.32				
5-9	102.8	105.5	108.2	111.2	114.4	117.2	120.1	14.95	15.99	17.21	18.82	20.78	22.97	25.67				
5-10	103.3	105.9	108.8	111.7	114.9	117.8	120.7	15.09	16.14	17.38	19.01	21.02	23.25	26.03				
5-11	103.7	106.4	109.1	112.2	115.4	118.3	121.2	15.24	16.30	17.55	19.21	21.25	23.54	26.39				
6-0	104.2	106.8	109.6	112.7	115.9	118.8	121.8	15.38	16.45	17.73	19.41	21.49	23.83	26.76				
6-1	104.6	107.3	110.1	113.2	116.4	119.3	122.3	15.53	16.61	17.90	19.61	21.73	24.13	27.13				
6-2	105.1	107.7	110.5	113.7	116.9	119.8	122.8	15.67	16.77	18.08	19.82	21.97	24.42	27.51				
6-3	105.5	108.2	111.0	114.1	117.4	120.4	123.4	15.82	16.93	18.25	20.02	22.22	24.72	27.90				
6-4	105.9	108.6	111.4	114.6	117.9	120.9	123.9	15.96	17.09	18.43	20.22	22.46	25.02	28.28				
6-5	106.4	109.1	111.9	115.1	118.3	121.4	124.4	16.11	17.25	18.61	20.43	22.71	25.33	28.67				
6-6	106.8	109.5	112.3	115.5	118.8	121.9	124.9	16.26	17.41	18.79	20.64	22.96	25.63	29.07				
6-7	107.2	110.0	112.8	116.0	119.3	122.4	125.4	16.40	17.57	18.97	20.84	23.21	25.94	29.47				
6-8	107.7	110.4	113.2	116.5	119.8	122.9	125.9	16.55	17.73	19.15	21.05	23.46	26.25	29.87				
6-9	108.1	110.8	113.7	116.9	120.3	123.4												

年齢 (歳・月)	身長								体重						
	3歳-センチ	10歳-センチ	25歳-センチ	50歳-センチ	75歳-センチ	90歳-センチ	97歳-センチ	3歳-キログラム	10歳-キログラム	25歳-キログラム	50歳-キログラム	75歳-キログラム	90歳-キログラム	97歳-キログラム	
9-0	119.7	123.1	126.5	130.4	134.5	138.2	141.9	20.78	22.49	24.57	27.43	31.13	35.55	41.49	
9-1	120.2	123.5	127.0	131.0	135.1	138.8	142.5	20.95	22.69	24.80	27.71	31.46	35.94	41.94	
9-2	120.6	124.0	127.6	131.6	135.6	139.4	143.2	21.12	22.89	25.04	27.99	31.80	36.33	42.40	
9-3	121.0	124.5	128.1	132.1	136.2	140.0	143.8	21.30	23.10	25.29	28.29	32.15	36.74	42.86	
9-4	121.4	125.0	128.6	132.7	136.6	140.6	144.4	21.48	23.31	25.54	28.59	32.51	37.15	43.33	
9-5	121.9	125.4	129.1	133.2	137.4	141.3	145.1	21.67	23.53	25.79	28.89	32.87	37.57	43.80	
9-6	122.3	125.9	129.6	133.8	138.0	141.9	145.7	21.86	23.75	26.05	29.20	33.24	38.00	44.29	
9-7	122.7	126.4	130.1	134.4	138.6	142.5	146.4	22.05	23.98	26.32	29.52	33.62	38.44	44.78	
9-8	123.1	126.9	130.7	134.9	139.2	143.1	147.0	22.24	24.21	26.59	29.85	34.01	38.89	45.28	
9-9	123.6	127.3	131.2	135.5	139.8	143.7	147.8	22.44	24.44	26.87	30.18	34.41	39.34	45.78	
9-10	124.0	127.8	131.7	136.1	140.4	144.4	148.2	22.64	24.68	27.16	30.53	34.81	39.81	46.29	
9-11	124.4	128.3	132.2	136.6	141.0	145.0	148.9	22.85	24.93	27.45	30.87	35.22	40.28	46.81	
10-0	124.8	128.8	132.8	137.2	141.6	145.6	149.5	23.05	25.18	27.74	31.23	35.64	40.76	47.34	
10-1	125.3	129.3	133.3	137.8	142.2	146.2	150.1	23.26	25.43	28.05	31.59	36.07	41.24	47.88	
10-2	125.7	129.8	133.8	138.3	142.8	146.8	150.7	23.48	25.69	28.35	31.96	36.50	41.74	48.42	
10-3	126.2	130.3	134.4	138.9	143.4	147.4	151.3	23.70	25.95	28.66	32.33	36.95	42.24	48.97	
10-4	126.6	130.8	134.9	139.4	143.9	148.0	151.9	23.91	26.21	28.97	32.70	37.38	42.73	49.50	
10-5	127.1	131.3	135.4	140.0	144.5	148.5	152.4	24.17	26.51	29.33	33.13	37.89	43.31	50.13	
10-6	127.5	131.8	136.0	140.6	145.1	149.1	153.0	24.43	26.82	29.70	33.57	38.40	43.89	50.76	
10-7	128.0	132.3	136.5	141.1	145.6	149.7	153.6	24.69	27.14	30.07	34.01	38.92	44.47	51.40	
10-8	128.5	132.8	137.0	141.7	146.2	150.2	154.1	24.96	27.45	30.44	34.48	39.43	45.05	52.03	
10-9	129.0	133.3	137.6	142.2	146.7	150.7	154.6	25.22	27.77	30.82	34.90	39.96	45.64	52.67	
10-10	129.6	133.9	138.2	142.8	147.4	151.4	155.2	25.49	28.09	31.20	35.35	40.48	46.23	53.30	
10-11	130.1	134.5	138.8	143.4	148.0	151.9	155.8	25.76	28.42	31.58	35.80	41.00	46.81	53.94	
11-0	130.7	135.0	139.4	144.0	148.5	152.5	156.3	26.04	28.74	31.97	36.26	41.53	47.40	54.57	
11-1	131.2	135.6	139.9	144.6	149.1	153.0	156.8	26.31	29.07	32.35	36.71	42.05	47.98	55.19	
11-2	131.8	136.2	140.5	145.1	149.6	153.5	157.3	26.59	29.39	32.73	37.16	42.57	48.56	55.81	
11-3	132.4	136.8	141.1	145.7	150.1	154.0	157.8	26.87	29.72	33.12	37.61	43.09	49.13	56.42	
11-4	133.0	137.4	141.6	146.2	150.6	154.5	158.3	27.15	30.05	33.50	38.06	43.60	49.70	57.03	
11-5	133.6	137.9	142.2	146.7	151.1	155.0	158.7	27.43	30.39	33.89	38.51	44.11	50.26	57.62	
11-6	134.2	138.5	142.7	147.2	151.6	155.4	159.1	27.72	30.72	34.27	38.95	44.61	50.80	58.20	
11-7	134.8	139.1	143.2	147.7	152.1	155.8	159.5	28.01	31.05	34.66	39.39	45.11	51.34	58.77	
11-8	135.4	139.6	143.8	148.2	152.5	156.2	159.8	28.30	31.39	35.04	39.83	45.60	51.87	59.32	
11-9	136.0	140.2	144.3	148.7	152.9	156.6	160.2	28.59	31.72	35.42	40.26	46.07	52.38	59.85	
11-10	136.6	140.7	144.8	149.1	153.3	157.0	160.5	28.89	32.06	35.80	40.68	46.54	52.89	60.37	
11-11	137.2	141.3	145.3	149.5	153.7	157.3	160.8	29.19	32.40	36.17	41.10	47.00	53.37	60.88	
12-0	137.8	141.8	145.7	150.0	154.0	157.6	161.0	29.50	32.74	36.55	41.51	47.45	53.84	61.36	
12-1	138.4	142.3	146.2	150.4	154.4	157.9	161.3	29.81	33.08	36.92	41.91	47.88	54.30	61.82	
12-2	139.0	142.9	146.7	150.7	154.7	158.2	161.5	30.12	33.42	37.28	42.31	48.30	54.73	62.26	
12-3	139.6	143.4	147.1	151.1	155.0	158.4	161.7	30.44	33.76	37.65	42.70	48.71	55.15	62.67	
12-4	140.1	143.9	147.5	151.5	155.3	158.7	161.9	30.77	34.11	38.01	43.08	49.10	55.55	63.07	
12-5	140.7	144.3	147.9	151.8	155.6	158.9	162.1	31.10	34.45	38.37	43.45	49.48	55.93	63.43	
12-6	141.2	144.8	148.3	152.1	155.9	159.1	162.3	31.43	34.80	38.73	43.82	49.85	56.29	63.78	
12-7	141.6	145.2	148.7	152.5	156.1	159.4	162.5	31.77	35.15	39.08	44.17	50.20	56.63	64.10	
12-8	142.1	145.6	149.0	152.8	156.4	159.6	162.7	32.12	35.49	39.43	44.52	50.54	56.95	64.39	
12-9	142.5	145.9	149.3	153.0	156.7	159.8	162.9	32.47	35.84	39.78	44.85	50.86	57.23	64.66	
12-10	142.9	146.3	149.7	153.3	156.9	160.1	163.1	32.82	36.19	40.12	45.18	51.16	57.52	64.90	
12-11	143.3	146.6	150.0	153.6	157.1	160.3	163.3	33.18	36.54	40.46	45.50	51.45	57.78	65.11	
13-0	143.6	146.9	150.2	153.8	157.3	160.5	163.5	33.54	36.89	40.79	45.81	51.73	58.02	65.31	
13-1	144.0	147.2	150.5	154.1	157.5	160.6	163.6	33.93	37.26	41.13	46.10	51.97	58.20	65.41	
13-2	144.3	147.5	150.8	154.3	157.7	160.8	163.8	34.29	37.60	41.44	46.39	52.22	58.42	65.59	
13-3	144.6	147.8	151.0	154.5	157.9	161.0	164.0	34.63	37.93	41.75	46.67	52.47	58.62	65.76	
13-4	144.9	148.1	151.2	154.7	158.1	161.1	164.1	34.97	38.25	42.05	46.94	52.70	58.83	65.93	
13-5	145.2	148.3	151.4	154.9	158.3	161.3	164.2	35.31	38.56	42.34	47.20	52.93	59.02	66.10	
13-6	145.4	148.5	151.6	155.1	158.4	161.4	164.4	35.63	38.87	42.62	47.45	53.15	59.21	66.26	
13-7	145.7	148.8	151.8	155.2	158.6	161.6	164.5	35.95	39.16	42.89	47.69	53.36	59.40	66.43	
13-8	145.9	149.0	152.0	155.4	158.7	161.7	164.6	36.26	39.45	43.15	47.92	53.56	59.58	66.59	
13-9	146.1	149.2	152.2	155.5	158.9	161.8	164.8	36.56	39.73	43.40	48.15	53.76	59.75	66.75	
13-10	146.3	149.3	152.4	155.7	159.0	162.0	164.9	36.85	39.99	43.65	48.36	53.94	59.92	66.91	
13-11	146.5	149.5	152.5	155.8	159.1	162.1	165.0	37.13	40.25	43.88	48.57	54.12	60.08	67.07	
14-0	146.7	149.7	152.6	155.9	159.2	162.2	165.1	37.41	40.50	44.11	48.77	54.30	60.24	67.22	
14-1	146.9	149.8	152.8	156.1	159.4	162.3	165.2	37.67	40.74	44.32	48.95	54.46	60.39	67.38	
14-2	147.0	149.9	152.9	156.2	159.5	162.4	165.3	37.92	40.98	44.53	49.14	54.62	60.54	67.53	
14-3	147.2	150.1	153.0	156.3	159.6	162.5	165.4	38.17	41.20	44.73	49.31	54.77	60.68	67.68	
14-4	147.3	150.2	153.1	156.4	159.7	162.6	165.5	38.40	41.41	44.92	49.48	54.92	60.82	67.82	
14-5	147.4	150.3	153.2	156.5	159.8	162.7	165.7	38.62	41.61	45.10	49.64	55.06	60.95	67.97	
14-6	147.5	150.4	153.3	156.6	159.9	162.8	165.8	38.84	41.81	45.28	49.79	55.20	61.08	68.11	
14-7	147.6	150.5	153.4	156.7	159.9	162.9	165.9	39.04	41.99	45.44	49.93	55.33	61.21	68.24	
14-8	147.7	150.5	153.5	156.7	160.0	163.0	166.0	39.24	42.17	45.60	50.07	55.45	61.33	68.38	
14-9	147.8	150.6	153.5	156.8	160.1	163.1	166.0	39.42	42.34	45.75	50.21	55.57	61.44	68.51	
14-10	147.8	150.7	153.6	156.9	160.2	163.2	166.1	39.59	42.49	45.89	50.33	55.69	61.56	68.63	
14-11	147.9	150.8	153.7	156.9	160.2	163.2	166.2	39.75	42.64	46.03	50.45	55.80	61.66	68.75	
15-0	148.0	150.8	153.7	157.0	160.3	163.3	166.3	39.90	42.78	46.16	50.57	55.90	61.77	68.86	
15-1	148.0	150.9	153.8	157.1	160.4	163.4	166.3	40.04	42.91	46.28	50.68	56.01	61.87	68.97	
15-2	148.1	150.9	153.9	157.1	160.4	163.4	166.4	40.17	43.03	46.39	50.78	56.10	61.96	69.07	
15-3	148.1	151.0	153.9	157.2	160.5	163.5	166.5	40.28	43.14	46.49	50.88	56.20	62.05	69.15	
15-4	148.2	151.0	154.0	157.2	160.5	163.5	166.5	40.38	43.24	46.59	50.96	56.29	62.13	69.23	
15-5	148.2	151.1	154.0	157.3	160.6	163.6	166.6	40.47	43.33	46.69	51.07	56.37	62.21	69.29	
15-6	148.3	151.1	154.0	157.3	160.6	163.6	166.6	40.55	43.42	46.77					